A Community Learning Experience

Diagnosis & Utilizing the DSM through a Narrative Lens

In this online workshop, we will explore the art of engaging with diagnosis and the DSM through a Narrative lens, enriched by social constructionist and neurobiological theories.



Saturday Feb. 3, 2024



Webinar 9-12:30 PST

REGISTER NOW

Pre-Licensed Clinicians:

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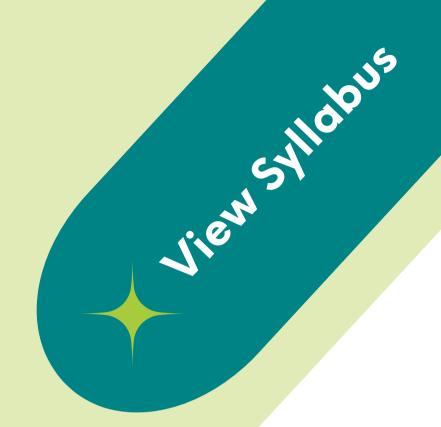
Overview

Join NISD Counseling in a virtual workshop where we consider mental health diagnosing from a non-pathologizing perspective which centers the client as the expert in their own life.

Drawing from social constructionist and neurobiological theories, the speakers will discuss current and evolving Narrative Therapy practices, guiding participants on collaborative approaches to empower clients in their pursuit of wellness.



- At the end of this course, participants will be able to identify three concerns and critiques of the DSM.
- At the end of this course, participants will be able to apply three Narrative principles when collaborating with a client regarding their diagnosis.
- At the end of this course, participants will identify three examples of practices a therapist might use when participating in consultations which include diagnosis.





Co-Facilitators

Jan founded NISD 20 years ago with a focus on training Marriage & Family Therapy (MFT) trainees and interns in Narrative Therapy practices in an integrated healthcare setting. With 30 plus years of clinical experience, she had the opportunity to train with Michael White, one of the founders of Narrative Therapy. Jan has worked in a range of hospital settings, from psychiatry to family medicine, directed university-based clinics, and is currently a full-time faculty in the MFT Graduate Program at San Diego State University.

Giselle is a Senior Associate at NISD Counseling who recently completed her 3,000 hours. She has been connected to Narrative ideas for over 6 years, and currently sees clients who are navigating the complexities of using insurance to pay for their mental health services.



Dr. Jan Ewing, PhD, LMFT



Giselle Romo, MS, AMFT

About NISD Counseling

Narrative Initiatives San Diego (NISD) is a 501c3 non-profit organization providing affordable counseling to individuals, couples, families, and groups throughout California. We provide a rich, experiential Narrative Therapy training context for graduate students and prelicensed counselors completing their clinical hours for licensure by California's Board of Behavioral Sciences, as well as licensed therapists wanting a Narrative home base. Learn more at www.nisdcounseling.org.

NISD is approved by the California Association of Marriage and Family Therapists (Provider # 1000145) to sponsor continuing education for LMFTs, LCSWs, LEPs and LPCCs. NISD maintains responsibility for this program/course and its content.

Full refunds will be granted through Zeffy up to 7 days before the event. Certificates of completion will be emailed 10 days after receiving completed evaluations. Please email <u>events@nisdcounseling.org</u> to request accommodations or to report grievances.

